



ST WERBURGH'S CHORLTON

Daily Rhythms



As a church we want to reflect Jesus more and more in everything we do. To help us grow in this we want to commit ourselves to some daily life giving rhythms of prayer and reading the bible.

Here is one of these rhythms. Everyday, wherever we are, let's join together:

In the morning - Read a psalm and meditate on the words, thank God for who he is and ask, "Jesus, what do you want to say to me today? Is there anything you want to show me? How should I respond?"

January

01-Jan Psalm 1
 02-Jan Psalm 2
 03-Jan Psalm 3
 04-Jan Psalm 4
 05-Jan Psalm 5
 06-Jan Psalm 6
 07-Jan Psalm 7
 08-Jan Psalm 8
 09-Jan Psalm 9
 10-Jan Psalm 10
 11-Jan Psalm 11
 12-Jan Psalm 12
 13-Jan Psalm 13
 14-Jan Psalm 14
 15-Jan Psalm 15
 16-Jan Psalm 16
 17-Jan Psalm 17
 18-Jan Psalm 18
 19-Jan Psalm 19
 20-Jan Psalm 20
 21-Jan Psalm 21
 22-Jan Psalm 22
 23-Jan Psalm 23
 24-Jan Psalm 24
 25-Jan Psalm 25
 26-Jan Psalm 26
 27-Jan Psalm 27
 28-Jan Psalm 28
 29-Jan Psalm 29
 30-Jan Psalm 30
 31-Jan Psalm 31

February

01-Feb Psalm 32
 02-Feb Psalm 33
 03-Feb Psalm 34
 04-Feb Psalm 35
 05-Feb Psalm 36
 06-Feb Psalm 37
 07-Feb Psalm 38
 08-Feb Psalm 39
 09-Feb Psalm 40
 10-Feb Psalm 41
 11-Feb Psalm 42
 12-Feb Psalm 43
 13-Feb Psalm 44
 14-Feb Psalm 45
 15-Feb Psalm 46
 16-Feb Psalm 47
 17-Feb Psalm 48
 18-Feb Psalm 49
 19-Feb Psalm 50
 20-Feb Psalm 51
 21-Feb Psalm 52
 22-Feb Psalm 53
 23-Feb Psalm 54
 24-Feb Psalm 55
 25-Feb Psalm 56
 26-Feb Psalm 57
 27-Feb Psalm 58
 28-Feb Psalm 59

March

01-Mar Psalm 60
 02-Mar Psalm 61
 03-Mar Psalm 62
 04-Mar Psalm 63
 05-Mar Psalm 64
 06-Mar Psalm 65
 07-Mar Psalm 66
 08-Mar Psalm 67
 09-Mar Psalm 68
 10-Mar Psalm 69
 11-Mar Psalm 70
 12-Mar Psalm 71
 13-Mar Psalm 72
 14-Mar Psalm 73
 15-Mar Psalm 74
 16-Mar Psalm 75
 17-Mar Psalm 76
 18-Mar Psalm 77
 19-Mar Psalm 78
 20-Mar Psalm 79
 21-Mar Psalm 80
 22-Mar Psalm 81
 23-Mar Psalm 82
 24-Mar Psalm 83
 25-Mar Psalm 84
 26-Mar Psalm 85
 27-Mar Psalm 86
 28-Mar Psalm 87
 29-Mar Psalm 88
 30-Mar Psalm 89
 31-Mar Psalm 90

April

01-Apr Psalm 91
 02-Apr Psalm 92
 03-Apr Psalm 93
 04-Apr Psalm 94
 05-Apr Psalm 95
 06-Apr Psalm 96
 07-Apr Psalm 97
 08-Apr Psalm 98
 09-Apr Psalm 99
 10-Apr Psalm 100
 11-Apr Psalm 101
 12-Apr Psalm 102
 13-Apr Psalm 103
 14-Apr Psalm 104
 15-Apr Psalm 105
 16-Apr Psalm 106
 17-Apr Psalm 107
 18-Apr Psalm 108
 19-Apr Psalm 109
 20-Apr Psalm 110
 21-Apr Psalm 111
 22-Apr Psalm 112
 23-Apr Psalm 113
 24-Apr Psalm 114
 25-Apr Psalm 115
 26-Apr Psalm 116
 27-Apr Psalm 117
 28-Apr Psalm 118
 29-Apr Psalm 119:1-32
 30-Apr Psalm 119:33-64

May

01-May Psalm 119:65-96
02-May Psalm 119:97-128
03-May Psalm 119:129-152
04-May Psalm 119:153-176
05-May Psalm 120
06-May Psalm 121
07-May Psalm 122
08-May Psalm 123
09-May Psalm 124
10-May Psalm 125
11-May Psalm 126
12-May Psalm 127
13-May Psalm 128
14-May Psalm 129
15-May Psalm 130
16-May Psalm 131
17-May Psalm 132
18-May Psalm 133
19-May Psalm 134
20-May Psalm 135
21-May Psalm 136
22-May Psalm 137
23-May Psalm 138
24-May Psalm 139
25-May Psalm 140
26-May Psalm 141
27-May Psalm 142
28-May Psalm 143
29-May Psalm 144
30-May Psalm 145
31-May Psalm 146

June

01-Jun Psalm 147
02-Jun Psalm 148
03-Jun Psalm 149
04-Jun Psalm 150
05-Jun Psalm 1
06-Jun Psalm 2
07-Jun Psalm 3
08-Jun Psalm 4
09-Jun Psalm 5
10-Jun Psalm 6
11-Jun Psalm 7
12-Jun Psalm 8
13-Jun Psalm 9
14-Jun Psalm 10
15-Jun Psalm 11
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29-Jun Psalm 25
30-Jun Psalm 26

July

01-Jul Psalm 27
02-Jul Psalm 28
03-Jul Psalm 29
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30-Jul Psalm 56
31-Jul Psalm 57

August

01-Aug Psalm 58
02-Aug Psalm 59
03-Aug Psalm 60
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26-Aug Psalm 83
27-Aug Psalm 84
28-Aug Psalm 85
29-Aug Psalm 86
30-Aug Psalm 87
31-Aug Psalm 88

September	October	November	December
01-Sep Psalm 89	01-Oct Psalm 119:1-32	01-Nov Psalm 145	01-Dec Psalm 25
02-Sep Psalm 90	02-Oct Psalm 119:33-64	02-Nov Psalm 146	02-Dec Psalm 26
03-Sep Psalm 91	03-Oct Psalm 119:65-96	03-Nov Psalm 147	03-Dec Psalm 27
04-Sep Psalm 92	04-Oct Psalm 119:97-128	04-Nov Psalm 148	04-Dec Psalm 28
05-Sep Psalm 93	05-Oct Psalm 119:129-152	05-Nov Psalm 149	05-Dec Psalm 29
06-Sep Psalm 94	06-Oct Psalm 119:153-176	06-Nov Psalm 150	06-Dec Psalm 30
07-Sep Psalm 95	07-Oct Psalm 120	07-Nov Psalm 1	07-Dec Psalm 31
08-Sep Psalm 96	08-Oct Psalm 121	08-Nov Psalm 2	08-Dec Psalm 32
09-Sep Psalm 97	09-Oct Psalm 122	09-Nov Psalm 3	09-Dec Psalm 33
10-Sep Psalm 98	10-Oct Psalm 123	10-Nov Psalm 4	10-Dec Psalm 34
11-Sep Psalm 99	11-Oct Psalm 124	11-Nov Psalm 5	11-Dec Psalm 35
12-Sep Psalm 100	12-Oct Psalm 125	12-Nov Psalm 6	12-Dec Psalm 36
13-Sep Psalm 101	13-Oct Psalm 126	13-Nov Psalm 7	13-Dec Psalm 37
14-Sep Psalm 102	14-Oct Psalm 127	14-Nov Psalm 8	14-Dec Psalm 38
15-Sep Psalm 103	15-Oct Psalm 128	15-Nov Psalm 9	15-Dec Psalm 39
16-Sep Psalm 104	16-Oct Psalm 129	16-Nov Psalm 10	16-Dec Psalm 40
17-Sep Psalm 105	17-Oct Psalm 130	17-Nov Psalm 11	17-Dec Psalm 41
18-Sep Psalm 106	18-Oct Psalm 131	18-Nov Psalm 12	18-Dec Psalm 42
19-Sep Psalm 107	19-Oct Psalm 132	19-Nov Psalm 13	19-Dec Psalm 43
20-Sep Psalm 108	20-Oct Psalm 133	20-Nov Psalm 14	20-Dec Psalm 44
21-Sep Psalm 109	21-Oct Psalm 134	21-Nov Psalm 15	21-Dec Psalm 45
22-Sep Psalm 110	22-Oct Psalm 135	22-Nov Psalm 16	22-Dec Psalm 46
23-Sep Psalm 111	23-Oct Psalm 136	23-Nov Psalm 17	23-Dec Psalm 47
24-Sep Psalm 112	24-Oct Psalm 137	24-Nov Psalm 18	24-Dec Psalm 48
25-Sep Psalm 113	25-Oct Psalm 138	25-Nov Psalm 19	25-Dec Psalm 49
26-Sep Psalm 114	26-Oct Psalm 139	26-Nov Psalm 20	26-Dec Psalm 50
27-Sep Psalm 115	27-Oct Psalm 140	27-Nov Psalm 21	27-Dec Psalm 51
28-Sep Psalm 116	28-Oct Psalm 141	28-Nov Psalm 22	28-Dec Psalm 52
29-Sep Psalm 117	29-Oct Psalm 142	29-Nov Psalm 23	29-Dec Psalm 53
30-Sep Psalm 118	30-Oct Psalm 143	30-Nov Psalm 24	30-Dec Psalm 54
	31-Oct Psalm 144		31-Dec Psalm 55